

## YouthDMH Training School

*Opportunities and Constraints in Designing Technologies for Digital Mental Health for the Youth*

9–11 June 2026 · Vienna, Austria · TU Wien Arsenal Campus, OZEG76 – Hörsaal Atrium 2

Each day: morning lectures (10:00–12:45) · lunch · Doctoral Consortium (13:45–16:00)

### Day 1 · Tuesday 9 June 2026

Time	Session	Speaker / Lead
9:45–10:00	Registration	
10:00–10:45	In the Mood for Media: Digital Media as Emotion Regulation Tools	Matt Minich
10:45–11:00	Coffee Break	
11:00–11:45	Digital Transformation in Mental Healthcare: Opportunities Through the CoMMA Model	Nele De Witte
11:45–12:00	Coffee Break	
12:00–12:45	Open Science and Prototyping	Sebastian Feger
12:45–13:45	Lunch Break	
13:45–16:00	Doctoral Consortium (see below)	
14:00–16:00	“Meet-a-Mentor” online event ( <i>parallel event</i> )	
19:30–22:30	Social Event — Kolarik im Prater 🎆	

### Day 2 · Wednesday 10 June 2026

Time	Session	Speaker / Lead
10:00–10:45	Online Help-Seeking	Claudette Pretorius

10:45–11:00	Coffee Break	
11:00–11:45	An Introduction to Technology Design, Games/Play, and Well-being	Daniel Gardner
11:45–12:00	Coffee Break	
12:00–12:45	Designing for Mental Wellbeing in a Digital World: Creativity-Based Approaches	Amid Ayobi
12:45–13:45	Lunch Break	
13:45–16:00	Doctoral Consortium (see below)	

## Day 3 · Thursday 11 June 2026

Time	Session	Speaker / Lead
10:00–10:45	Building Resilience Through Technology: Designing Interactive Systems for and with Youth	Jasmin Niess
10:45–11:00	Coffee Break	
11:00–11:45	Applications of Speech, Language, and Conversation Technologies to Promote Mental Health	Zoraida Callejas
11:45–12:00	Coffee Break	
12:00–12:45	A Career Journey in Digital Mental Health Research	Dr. David Coyle
12:45–13:45	Lunch Break	
13:45–16:00	Doctoral Consortium (see below)	
16:00–16:15	Closing Remarks	

## Doctoral Consortium — Detailed Schedule

*Runs daily 13:45–16:00. A dedicated forum for PhD students and early-career researchers to present their work, receive expert feedback, and connect with peers. There will always be someone local on site to help: Evropi, Meagan, Pawel, or Alex.*

## Doctoral Consortium · Day 1 · Tue 9 June

13:45–14:45	PhD Presentations & Panel Feedback
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**Evdoxia Panagiotidou**     *Adolescents' use of AI chatbots as emotional support: vulnerability & protective factors*

**Katerina Drakos**     *AI for service navigation & early intervention in youth MH — AlignAI study*

**Alexia Jeayes**     *Improving the research-to-practice gap in youth digital mental health*

**14:45–15:00**     **Break**

**15:00–15:45**     **Discussion**

**Discussion topic:** *Safety, risk & regulation in digital youth MH*

**Discussion leaders:**

**Fuzzy**     *Online harm mitigation*  
**Cecilia Isola**     *Addictive design & Digital Services Act*  
**Lamprini Chartofylaka**     *Cybersecurity education & digital MH*  
**Ana-Maria Bucur**     *NLP for MH & depression detection*

**15:45–16:00**     **Wrap-up & Key Takeaways**

**Expert panel**     **Claudette Pretorius · Zoraida Callejas · Amanda Fitzgerald · David Coyle**

## Doctoral Consortium · **Day 2** · **Wed 10 June**

**13:45–14:45**     **PhD Presentations & Panel Feedback**

**Lyen Krenz Yap**     *Co-production strategies for digital MH interventions: engagement & retention*

**Isobel Walsh**     *Multicomponent digital platforms for youth MH: systematic review with youth involvement*

**Ana Cirdan**     *Digital psychological interventions for well-being in vulnerable young people*

**14:45–15:00**     **Break**

**15:00–15:45**     **Discussion**

**Discussion topic:** *Inclusive & neurodiversity-informed design*

**Discussion leaders:**

Julia Dominiak	<i>Inclusive interactive environments for work, play &amp; care</i>
Rebecchi Kevin	<i>Autism, neurodevelopment &amp; video games</i>
Khawla Ajana	<i>Virtual reality for mental health</i>

15:45–16:00      **Wrap-up & Key Takeaways**

**Expert panel**      **Matt Minich · Daniel Gardner · Jasmin Niess**

## Doctoral Consortium · **Day 3** · Thu 11 June

13:45–14:45      **PhD Presentations & Panel Feedback**

Mafalda de Sousa      *Internet-delivered RCT for depression/anxiety in Portuguese higher education students*

Condrea Diana-Maria      *Promotive & protective effects of positive childhood experiences on emotional disorders*

Miloš Stojadinović      *Validation of Duckworth's two-dimensional grit model in Serbia*

14:45–15:00      **Break**

15:00–15:45      **Discussion**

**Discussion topic:** *Wellbeing across contexts — family, university & community*

### Discussion leaders:

Dr. Aditi Gandotra      *Parental digital emotion regulation*

Benediktas Gelūnas      *Social determinants of health & problematic gaming*

Tiago Casaleiro      *Youth MH in universities — nursing perspective*

15:45–16:00      **Wrap-up & Key Takeaways**

**Expert panel**      **Nele De Witte · Amid Ayobi · Bastian Pflöging**