

Dissemination Conference Grants

YouthDMH COST Action CA23153 Call for Dissemination Conference Grants – 1st Call, 2026

Dissemination Conference Grants aim to enhance the visibility and impact of YouthDMH by supporting Action participants in presenting research, activities and results at relevant international conferences. These grants contribute to strengthening collaboration and sharing knowledge with key stakeholders. YouthDMH brings together researchers from diverse fields—including mental health, data science, social sciences, and human-computer interaction—to develop innovative, responsible, and inclusive methods for understanding and supporting youth mental health across Europe.

1. About YouthDMH and Dissemination Conference Grants

This is the 1st Call for applications for Dissemination Conference Grants under the [COST Action CA23153 YouthDMH – Digital Mental Health For Young People](#).

Dissemination Conference Grants support the participation of Action participants in high-level conferences to present the work of the Action. (Please read the [Annotated Rules for Cost Actions](#) for further details.)

YouthDMH currently invites applications for Dissemination Conference Grants to support participation in conferences taking place before 10 September 2026.

Dissemination Conference Grants aim to increase the visibility of the Action within the research community and beyond. They contribute to disseminating Action outcomes to relevant stakeholders and end-users by supporting presentations at high-profile conferences in fields aligned with the objectives of the Action.

Dissemination Conference Grants provide contributions for travel, accommodation, and subsistence expenses, registration fees, and overall effort. Up to 2000 € per grant for face-to-face conferences or 500 € for virtual conferences.

Please note that these amounts represent the maximum possible contribution.

Applicants are encouraged to request a realistic budget based on actual expected costs. The Core Group decides on the final financial contribution, taking into consideration YouthDMH's available resources, the budget requested, the scope, and the relevance of the conference.

2. Who Can Apply?

As per COST regulations, Dissemination Grants are open to researchers and innovators affiliated with a legal entity (e.g. university, research centre, registered charity or SME) in a COST Member or Cooperating Country, or from a European RTD organization participating in the YouthDMH COST Action (CA23153).

The applicant must make an **oral presentation** at the conference in question and must be listed in the official event/conference program. The **main subject** of the oral presentation at the approved conference must be YouthDMH and must acknowledge COST.

The conference must take place before September 10th, 2026.

3. Application Process

Applications must be submitted through the **e-COST** platform. Applicants must:

- **Have or create a profile in e-COST**
- **Submit a completed Dissemination Conference application including the following documents:**
 - **Brief CV** (max 3 pages, including a link or list of academic publications, if any)
 - **Dissemination Conference Grant application form** (you can download this through the system).
 - **Short description of your involvement** in the YouthDMH COST

Action.

- **Acceptance letter from the conference organizers** (confirming either your speaking slot or your poster presentation).
- **A copy of the abstract submitted to the conference**

4. Evaluation and Selection

Each application will be reviewed by **two members of the YouthDMH Core Group**, using the following criteria, each scored on a **1–5 scale**:

- Scientific quality and clarity of the proposed presentation (weight: 1)
- Relevance of the conference and proposed presentation to the aims of YouthDMH (weight: 2)
- Potential contribution to the visibility, dissemination, and impact of YouthDMH (weight: 2)
- Budget justification and feasibility of participation (weight: 1)
- Expected benefit for the applicant's scientific and professional development (weight: 1)

The selection of successful Dissemination Grant applications is based on the above criteria.

Gender balance, career stage, and the distribution of Dissemination Grant among different countries will also be considered. The Core Group has the right to award less than the requested amount.

The Dissemination Conference Applications will be approved by the Core Group (Grant Awarding Coordinator, Action Chair, Action Vice Chair, Grant Holder Scientific Representative, Science Communication Coordinator, and Working Group leaders) on the basis of the perceived contribution that the participation will make to the scientific objectives outlined in the Action's Memorandum of Understanding (MoU).

If needed, evaluations may be delegated to Management Committee (MC) or Working Group (WG) members with specific expertise.

Applications are due on **27 March 2026**. Decisions will be announced by 31 March.

Once the selection process is complete, the applicant receives a formal notification through e-COST informing him/her about the outcomes of the selection and whether the request has been approved or not.

If the application is funded, the applicant receives a Grant Letter stating the approved amount and the conditions for receiving the Grant. Participation in the conference is eligible for reimbursement only after formal approval and receipt of the Grant Letter.

5. After the Conference

Grantees must submit a short final [scientific report](#) within **30 days** after the end of the Conference.

The report (using the official [COST Dissemination Conference report template](#)) should include:

- Details of the conference attended
- Information about the oral presentation delivered
- A short description of the outcomes of participation, including dissemination impact, networking activities, and potential future collaborations (max. 500 words)
- Confirmation that supporting documents have been uploaded to e-COST (certificate of attendance and conference programme/abstract book indicating the presentation)

The report must be submitted through the e-COST platform within 30 days after the conclusion of the conference. Failure to submit the scientific report within 30 days will effectively cancel the grant.

The payment of the grant will be executed after approval of the scientific report by the Grant Holder Manager.

6. Clarifications

COST Association and the Grant Holder of the Action cannot be considered as being a grantee's employer. Grantees must make their own arrangements for all provisions related to personal security, health, taxation, social security, and pension matters.

7. Contact

For questions or assistance related to the application procedure and organization of the STSM, please contact:

Grant Awarding Coordinator: Paweł W. Woźniak, TU Wien, Email: pawel.wozniak@tuwien.ac.at

For questions related to the YouthDMH objectives, please contact:

Action Chair / Vice Chair – Andreas Balaskas, Email: andreas.balaskas@ucd.ie /
Maurice Mulvenna md.mulvenna@ulster.ac.uk

For questions related to the e-COST, Grant Letter, and financial matters, please contact:

Action Grant Holder Manager - Jennifer Kelly, Email: jennifer.kelly@ucd.ie